



## Conditions that may qualify you as medically frail

*Note: Having a condition on this list does not guarantee you will be considered frail. Severity of your condition may also be evaluated.*

### Medical

Cancer: includes all cancers subject to the 150 point limit

- Aplastic anemia
- Cerebral vascular accidents
- Transplant or transplant wait list for heart, lung, liver, kidney or bone marrow
- HIV, AIDS
- Blood clotting disorders, frequent blood transfusions
- Lipid storage diseases: Tay Sach's disease, Nieman Pick disease, Fabry's disease
- Primary immune deficiencies: DiGeorge syndrome, combined immune deficiency, Wiskott-Aldrich syndrome, T-cell deficiency
- Muscular dystrophy
- Primary pulmonary hypertension
- Amyotrophic lateral sclerosis
- Cirrhosis
- Chronic hepatitis B or hepatitis C
- Cystic fibrosis
- Diabetes mellitus with: ketoacidosis, hypervolar coma, renal complications, retinopathy, peripheral vascular complications, or coronary artery disease
- Renal failure / end stage renal disease
- CMV retinitis
- Tuberculosis
- Paraplegia or quadriplegia

### Mental Health

- Alcohol and substance abuse
- Mental illness including major depression, schizophrenia, bipolar disorder or post-traumatic stress disorder

### Activities of Daily Living

- Need assistance in an activity of daily living
  - 24 hour supervision and/or direct assistance to maintain safety due to confusion and/or disorientation
  - Turning or repositioning every 2 to 4 hours to prevent skin breakdown per medical plan of care
  - 24 hour monitoring of a health care plan by a license-nurse
  - Eating
  - Transferring from bed or chair
  - Dressing
  - Bathing
  - Using the toilet
  - Walking or using a wheelchair